Brandon Evans #1212103	
Name and Inmate Booking Number	
High Desect State Prison	
Place of Confinement	
po Bax 650	
Mailing Address	
InJan Springs, av 80070 City, State, Zip Code	
UNITED STATES DE DISTRICT OF	
Brandon Kenneth Evans	
Plaintiff	Case No. 2:21-CV-01247-GMN-VCF
VS.	(To be supplied by Clerk of Court)
(1) Wilson Bernales, MD,	CIVIL RIGHTS COMPLAINT BY AN INMATE
(2) See additional papes for Defendants,	☐ Original Complaint
(3),	First Amended Complaint
	☐ Second Amended Complaint
(4),	
Defendant(s).	☐ Jury Trial Demanded
A. JURISI	DICTION
) This Court has jurisdiction over this action pursu	_
≥ 28 U.S.C. § 1343(a)(3); 42 U.S.C. § 1	
\square 28 U.S.C. § 1331; Bivens v. Six Unkno	
□ Other:	own wamea Agents, 403 U.S. 388 (1971)
	High Desert State Prison-Indian Springs, NV
Institution/city where violation(s) occurred:#194	

B. DEFENDANTS

1.	Name of first Defendant: Wilson Besnales Medical Doctor at	The first Defendant is employed as: High Desect State Prison.
	(Position of Title)	(Institution)
2.	Name of second Defendant: John Doe 1 Medical Doctor at	. The second Defendant is employed as: H 194 Desect State Prison.
	(Position of Title)	(Institution)
3.	Name of third Defendant: Ben Gutierrez Disector of Nursing at	High Desect State Psison.
	(Position of Title)	(Institution)
4.	Name of fourth Defendant: Julie Williams Associate was den of Plossams Glienne localimes (at	tish Desert State Prisen.
	(Position of Title)	(Institution)
5.	Name of fifth Defendant: Calvin Johnson at	The fifth Defendant is employed as: High Deself State Plisan.
	(Position of Title)	(Institution)
	X	a 1 1141 and Defendant on a senarate 1906.

If you name more than five Defendants, answer the questions listed above for each additional Defendant on a separate page.

C. NATURE OF THE CASE

Briefly state the background of your case.

I have been denied any	Fegsongbie	medical	teat went	Los
Fiblemy-rold Duting my entit	le incarcea	stion 9+	High Deselt	State
Prison - Nevada Department of Co	frections:	This has	been fol	over
ther years. This cause	s me es	xteme t	loctive-like	10971
Daily! Any attempt to	o seek	+Ceatment	15 VSU91	14 OCTRISH
landed, at once Resulte	d in Se	verely in	Adequete an	d temperal
4(eatment, All State See	m to 1	net care	and conti	hue to
he deliberative indiffe	sent to	my	Secress m	ed i (al
needs. This is a si	Stemic Pl	poblem at	HDSP.	

Defendants - Heading

1. Wilson Be(nales MD

2. Sohn Doe I MD

3. Ben Gutierrez RN

4. Julie Williams

5. Calvin Johnson 6. Jahn Doe 2

7. N. " Pere+

8. Michael Miner MD

B- Defendants Continued

- 6. Sixth Defendant: John Doe 2 The Sixth Defendant is employed as: Associate wasten of Cole Services at High Desert State Prisan.
- 7. Seventh Defendant: N. Peret The Seventh Defendant is employed as: Unknown at this time, at thish Desert State prison.
- 8. MEighth Defendant: Michael Miner MD
 The Eighth Defendant is employed as; medical Director
 at Nevada Defastment of Corrections.

D. CAUSE(S) OF ACTION

CLAIM 1

1.	State the constitutional or other constitutional or ot	her federal civil right that v	vas violated: <u>8</u>	+n Ammendmen+	Re:
2.	Claim 1. Identify the issue claims.	involved. Check only or	e. State additi	onal issues in separa	ite
	☐ Basic necessities	■ Medical care	□ Mail		
	☐ Disciplinary proceedings	☐ Exercise of religion	□ Prop	perty	
	☐ Access to the court	□ Excessive force by offi	icer □ Reta	liation	
	☐ Threat to safety	□ Other:			<u>_</u> .
3.	Date(s) or date range of wh	en the violation occurred:	2-14-19	- Present	_•
4.	Supporting Facts: State as exactly what each specific clearly in your own words w	defendant (by name) did	to violate your	_	
1)	I have severe Fibr	omralgicy, for Which	I have	never feceive	1 any
	aningful fleatment Duri			ish Desert State	e prison,
F	iom February 14th 2	019 to the pres	ent.		
2;) Fible Myaloig (aus	es me extreme l	EVII-body P	711, USUAlly	hosse
in	my back and	legs, often Cri	pplins and	l limiting m	14
Ph	ysical activity. I	+ also causes	extleme	Fatisce and	IDI
	stress and other iss				64
	messure / touch w				
3)) This extreme f	1911) Physically	Stops 1	ine from be	117
al	ble to work, po	eventing me fon	n eachins	"600d +1m	e"/
	rolk Gredits 1 Lays				
) The near-const			I'm in Cau	Ses
	xtreme mental a				
	hysical activity				
) When I've bee				
	imbing up and dow				
	w Anxiety over				
	back to a t				

Claim 1 Continued

- 5) tocture that it would cause me.
- 6) Top teil cell assignment Requires me to main UP the Striss to come back from activities, Which is nearly impossible most days due to the extreme effort and pain.
- 7) Due to Guid Related lockdowns and Restrictions my Condition has seciously detectorated,
- 8) I have been suffering from Fibernyalsig since 2011. I was diagnosed by three seperate doctors in Elko, Nu-Dr. Tkach, Dr. patton whimple D.O., and Dr. Devenderkumar patel Moin 2014. Dr. Patel managed my cace and frequent for over 3 years. In 2015 I was Petered to a specalist in sacremento, CA for confirmation and additional Help/support in treatment from Dr. Patel, was the Fibiomealgia treatment and leaffing center.
- 9) With Dr. Patel, prior to my acrest, I received a vality of theatments to best manage my condition. This included cross-wave electrical therapy oral and topical Anti-inflamitories including Mabumetone and botteren Sel, Muscle

Relatels such as flexell, and valletics such as Hydrogodone - and

extended Release 2049d10 ER.

10) Please See exhibits HI-HIZ for Health information on Fibe myg19iq

11) At intake to HDSP I informed the nuise on 2-15-19 of My Fibernyaloig and was told I would Soon

3-A

11) Sie a dactor for a complete exam and could discuss it then. 12) In early March of 2019 I Saw the doctor, Defendant John Doe I, where I informed Him of my Fibernyaloia and medical History Durino My intake exam. This Happened in the unit IAB medical Room. 13) He told me "the dros for that are not an our formulary" and affered no Help or treatment, failed to encou me in the Chronic care prosen for pain Manasement, and accepting to Amp williams in exhibit E, pailed to document it at all. 14) All I pecerved from Defendant Doe I was a Single month supply of classif for Seasonal Alessias, Which I've only been able to Lenew a few times, never in 2021 or 2022. 15) I have been peavesting and begsing for Help and treatment for years, though many Channels, coffaring askins nvises when they are in the unit, and on papel peacests, See exhibits ATAB AI-AI3, B1, B2, C, E, F1-F5 16) I attempted to find directly who could Help Schedule me appointment (ex FG) with no Reply. 17) Exhibit 6 is a partial, incomplete lag of medigo Kites / Requests I've Submitted, RARely Releiving & peply to them.

(8) I have attempted to Identity Defendant Del from my mesical reacts but I am being denied access to them, Lespite Policy in AR639. See exhibit F7. I also made pervests on 12-19-21 and prior on act - 18-2021. A "long list" Shouldn't Violate a policy of 3-5 days and make it monthsnever. 19) I've tried to versty Relaids Requests were guccessful and I'm Just told to schedule an appointment (ex F8) Which I've been trying to do for 3 years. 20) Defendant Williams Was pleviosly known as suite Matousek, Replies from hel, such as ex. E, say Matousek, but may be referenced as From Flom Williams. Her Position is Associate Walden of Plosams (AWP) and HOSP 6 Gerance Cooldinator per OP 740 - pescasibility Responsibility 21) DUCING My time at HDSP my Symptoms were setting worse and pain more severe . I Started Putting in the afformentioned Kites for Help. 22) With no Help, I had to file my First orievance on this issue, on q-10-19, to finally see a Doctor. See ex Bl, B2. 23) ON 11-6-19 I Saw Dr. Augustine, Who wanted Some labuack and my medical pecofds before siving me Medication other than thenol. He ordered this bloodwork and Had me fill out the medical Records Reavest form. 3-0

24) I believe DI Avoustine was one of few HDSP Staff to act in good faith and attempt to MelP, even with temporary measures that may have been ineffective. 25) This orc Steensh tylenol had No effect on my pain and has been the oply teatment ever affected to me for My FIGEOMY91919. I was never able to See Augustine again to ten him it was inexactive. 26) He 9150 ordered Fiber for My 61 issues which I never percived. I 9150 only Received a Small part of the triend ordered before it expired and Aussing would not Refill it. 27) I was told I would have a follow up 6-8 neeks latel, with the Reals and labuark. Instead it was about 2 weeks later with NP Manalana and No Relaids or Results in. He Re-cideled the Fibel and Said I'd be- Seen in a month. This did not mappen. 28) In early March 2020 I was seen for Unsembed Regsons by a noise in Unit 10. 29) I Can no longer petill My Claratin nor the tylenol. 30) prior to incarceration I was on a sluten Free Diet, Reamended by Dr. Patel and the Fibiomyalogy tleatment and Learning Center, Blood Work (as Referenced in 3-1

30) ex. F8) Showed a Wheat Aleroy. A Sluten Free Diet Greatly improves/Returns my SI symptoms and Some overall inflamation. I've been unable to Releive a Gluten Free Diet order from any mestra, parifel at HDSP, the only way to Receive an Alerg Diet from HDSP Cullnary 31) on 6-29-2020 I filed another Gierance SEEKING Help (ex. D6; D7, D8) Which was assigned to Defendant "Ni Peret (DG,DT) Who never took ANY action Nor bothered to Reply. 32) HDSP Grievance policy (ARTHO, OP 740) 9/10/18 an inmate to move to the next level after 45 1995 for informal and first level stievances if no Repry is Given. 33) ON 9-20-20, Well after a pers walting 9 Reasonable time for a perly, I filled a first level 6 Tecance (ex D4) Still + CYSNS to Seek Help. This was assinged to Defendant Ben Gotierrez, Who also never took ANY action not bothered to ever Reply. 34) Grievance Policy glous 60 Days for a Reply on a Second level Offerance. After this 911 Administrative penedies are exhausted. 35) oh 9-6-21 I Filed an emersency Greconce (exc) because I was in such screen pain, This 3-E

35) had no effect, 36) on 7-1-21 D filed a Second leve science Still trying to Seek Help (cx D2, D3) This was assigned to pirector of NVSSING II but kas eventually peplied to by Defendant Michael Miller, AND and Director Miner MD, medical Director for the NDOC. Despite the 60 Day Requirement in ARTHO there was no Reply Until 1-16-2022, WARCH I did not Receive Until 2-1-22. Cex.DI) 37) ex pa-DIG whe were medical Reavests and pocuments Attached to the original informal originale. 38) Despite Miner's Attempt to sweep this under the Rug and Claim this issue is Resolved (see DI, last sentence "Grevance Resolved" and the Finding and status boxes, "pesoned" and inactive" I have Still, more than 2 months later, Received no fleatment, Despite His Claim of an expediter appointment 39) Defendant Miner Clearly did little to nothing to see to it that I would be seen by a provider in any Reasonable time frame, let alone any freatment. HO) After no Reply Within Go Days I Reached out Whele I Could for Help with this orievance Cex PI-F6, and E) including to the Walden, Defendant 3-F

40) Calvin Sohfison CexE) who couldn't be betheled and Matousek/Williams Replied. Despite her posistion as Grievance coordinator and the 109 number Provided, I persived no Reply / contact from Medical Staff assigned to this Grievance. 40 Instead She blamed me, Claiming I DIDn't I Macan Medical, which is an unleasonable and outlageous claim Silen you much pain I enduce with this condition. In this she admitted that HOSA Medical has been under Staffed and implied this was part at the Reason. She spoke Generally about them working of the weit ist but to See everyone, but stin simply said I was an the list. I believe her "contact" to Medical Simply Confirmed I was an the 11st and she made no attempt to experite it of Help Me, as she made no Attempt to Aquire a Eclerana Kebih Lew Marked Statt 42) on act -1-21 at 7AM I was called up to HOSP medical, which is a significant copyil Distance from where I'm Housed (unit 10) and is an extremely painful walk. Outside the medical boilding sclo Gallo had a Highlighted list of inmites turn back and send back to the Housing units, including me. No attempt was made to

42) inform unit Housing officers not escent efficers of the cancered Appointments and inmates no longer peeded. This painful unneeded war could have easily been avoided.

43) A SIGNIFIGANT NUMBER OF the inmates turned back on oct-1-21 have scienances And/or 11+139+1000 US Medical Staff At HOSP.

an act-1-21 were seen in whit I was not on the list to be seen.

45) on Monday, November 18 2021 I was called back up the Hill to Medical, where I was eventually seen by Defendant Dr Wilson Bernales. When I saw Him He didn't ask a sinale acception an Medical History, Aleraies, and only looked at a sinale pape in My medical tile before closing it. He completely innoted My Reavest for a bottom bunk restriction, He fold me to ask the nuise what medication I would receive. He reason to schedule a follow up Despite Saying He wanted to a schedule a follow up Despite Saying He wanted to

46) When I asked the NVCSE later ortside of the exam 60m, she told me to ask Bernales again. When I did I was told "I'lling.

46) Family Doctor, not pain Specialist, I Lan't know How to Help you, I Then Sheckly after " I have to look in your file to decide" This was in the Hallway in Front of other inmates, Clas, and nucses. 47) Bernales newer went back to My file and ordered ANY treatment or medication, Still to this day, over 4 months after His faise claim, I have pecieived no treatment. 48) Bernales spent about (5) Five minutes out of our about () seven minute visit fantino about my Shower Habits being too often (Daily) and Reporting "Skinny young white boy" about two dozen times. This Started Unite I was toxing to explain to firm my symptoms and I was Cut aff every temp I tried to Speak, He didn't want to know my medical Acodems and did not the could to Shut me UP and Shop me out of the exam Room, He sent me to an 4-Ray of My knee Rather than discuss my messeal issues. 49) Bermies Clearly didn't Care about my paine despite me trains many times to explain it, and ordered no treatment for it. At no time did He ever ask me 3-I

49) How severe the pash was, and cot me I was explaine (on my own) where off When the pain is - He cut me off after I First Said 1635. He Nevel beltained and bytsical exam. 60) B3 Months 18 tel an 2-15-22 I had a blood draw for totally irrelevant tests that I assert were intended for another inmate, seen the same day (nav 15-21) by Bernales before me, who had entirely different medical issues, which would have called for the tests Ran an Me. This Shall be proven with Diagnostic offer codes. 51) Bernales Cares So 17+110 He never listened to but a partial account of my mesical ploblem, lotting me aff to not heal it. He herel aldeleg any treatment, and didn't race to acher Relevant bloodwolk / blood work actually sutended for Me. This Goes beyond simple malpractice. 52) I have Attempted to file = 6 Merances on the peavirement of the UPHIII Walk for no Appointment and the Denial of treatment from Bernales but ANP Williams has Reserted it. Not allowing any other Staff to Review the 1856. She had to have Read this Grievance and has Dilect personal knowledge of these issues, and has 3-3

52) not only offered (Attempted No Help, She has actively blocked and Stalled Possible Resolution and Help. These Scievances were Fled on 2-5-22 and 10-31-21 a 53) This was Aftel she was informed of Denial at treatment with (ex E). 54) Denial, lack of, delays, and insufficient lace and treatment are systemic issues at HOSP, only warsened by the understaffing. Dozens, it not Hundreds of inmates are suffering or at Risk of harm/ Death fue to no treatment, or unpersonable +cea+men+ 55) pefendant N Peret has personal knowledge of my suffering from the informal orievance being assigned to them. They have a professionar Responsibility to act and Reply to the Grievance. They cared so little as to hever Refly in nearly 2 years. 56) Defendant Gutierrez has personal knowso of my suffering, by being assigned the first level Grevance. He has never acted or even Replied to it. AS Director of Nursing He is the Health Care Administrator at HOSP, per ARGOO - Responsibility #5-He"is pesensible for the provision of frealth care Services are lensuring all enmates have access to cace Per of 619 Responsibility to ensure compliance 3-K

56) With Enfirmacy and CHAIC Clinic operations procedures. He has a professional obligation to paride me access to cale and has failed to do so. 57) Warden Johnson has Chosen to Remain' ignorant to my medical problems, pushing my Request (ex E) aff to other Staff, He allows HOSP to be understated in medical This is such a indesplead and systemic problem at His facility that I assect thece is no concivable way He is unawace, unless the is Deliberately ignoring tot the lack of medical race at HDSP. 58) John DOE 2 - AW OF COTE SECUTCES IS Resposible for compliance with infirmary and Clinic operations per op 619 Responsibility Again I assert they must be deliberatery ignorant to such a widespread problem. 59) perfendant Miner has Personal knowledge of my suffecing via second level stievance The extreme below in a perior shows HIS Indifference to my needs, Apain, Just Stating the sssre is Resord Despite me Receiving no treatment, per ARGOO He has clinical Responsibility for Clinical a Peration, ARGOO-RESPONSIBILITY 3 · L

59) # 2. AR 617 Responsibility - Medical
Director, for triage and access to sick call.
And AR 615.01 #2 C and 615.01 #3 Medical Director - Continuity of care. AR 601
Responsibility # 1 - Director, "monitor and improve Health Care Delivery to inmates".
He is professorally Responsible for what has happened to the by failing at his Duties, and has personal knowledge which He craims to have acted on - if He did, which I detest, it was ineffective.

Definitions of Abbleviations and Accomyms

NDOC - Nevada Department at Corrections

HDSP-HIGH DESECT State Prison

AR- Administrative Regulation

OP- Operations/operational Procedure

Kite - An inmate request form (form 3012) or "medical kite" a form 2500 medical service reacest - these forms are commonly referred to by Staff and inmates as "kites"

AW-Associate Warden

(10 - Collectional officer Sco - Semal Collectional officer

DON (5) Director of Nursing (Services



E.

PREVIOUS LAWSUITS

1.	Have you filed any other lawsuits while incard	cerated?	□ Yes	⋈ No	
2.	Has this Court or any other court designated y 1915(g)? ☐ Yes 🕱 No	ou as subject	to "three strik	es" under 28 l	U.S.C. §
3.	If you have "three strikes" under 28 U.S.C. § "under imminent danger of serious physical in	10.	this complain □ Yes	t demonstrate □ No	that you are
	F. REQU	EST FOR RI	ELIEF		
Pod A R in m	nelieve I am entitled to the following relief: Unitive - \$50,000 - This is a Novetive - I Transfer to a Leavete Medical Staff and Care, estrictions on fire. 3 a ordere neutring enrollment in Chronic ording appointments with a I understand that a false statement or answeralties of perjury. I DECLARE UNDER PENA	Systemic poston 2 Poston 2 Poston 1 medic 1 care pri 2 vilisted ver to any que	r cohlem. 19 19 19 19 19 19 19 19 19 19 19 19 19 1	end both and like provide ()	Lith From Tier Heartment, Tic With Hauten Free Die
UN	NITED STATES OF AMERICA THAT THE S.C. § 1746 and 18 U.S.C. § 1621.				
	(name of person who prepared or helped prepare this complaint if not the plaintiff)		ignature of pla		
	RETURN		(date)		
	ТО				

ADDITIONAL PAGES

INMATE

You must answer all questions concisely in the proper space on the form. Your complaint may not be more than 30 pages long. It is not necessary to attach exhibits or affidavits to the complaint or any amended complaint. Rather, the complaint or any amended complaint must sufficiently state the facts and claims without reference to exhibits or affidavits. If you need to file a complaint that is more than 30 pages long, you must file a motion seeking permission to exceed the page limit and explain the reasons that support the need to exceed 30 pages in length.

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A-1

INMATE REQUEST FORM

Branden Evens	DOC#	2.) HOUSING UNIT	3.) DATE 9-7-20
4.) REQUEST FORM TO: (0	CHECK BOX)	MENTAL HEALTH	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL
EDUCATION	VISITING	SHIFT COMMAND	
LAUNDRY	PROPERTY ROOM	OTHER	
5.) NAME OF INDIVIDUAL TO	CONTACT: Medical	APPOINTMENTS	
		be come for	my Listenmas
	in extene 1		have not being
seen in almo	st a year an	d never offered	any transmen
I've Stalled	to have ci	riffilms fain	in My R:00
	ell. Pleases	I need to	
	LARLIE to S		7
wfu. I	an) 516	fring and	nerd tradmin
please lex mr	the q detail	and there you	for your time
7.) INMATE SIGNATURE	0/12	DOC #	1212103
8.) RECEIVING STAFF SIGNA	ATURE	DAT	E
**************************************	9.) RESPON	SE TO INMATE	
		- V	
10.) RESPONDING STAFF SI	GNATURE		DATE

A2:

NAME Brandon Evans 10# 1212103 Unit/Cell#: 10-8-9 2021
FACILITY HDSP DATE 6-22-21 SIGNATURE PM
There severe Fibromyalga, 129, and KARE PAIN AS WELL AS NUMBERS FI ISSUES, Threat to seps a provider, pleas
I need to sees a provider, preaso
I'm In Sevele, Greeing, pain!
INMATES DO NOT WRITE IN AREA BELOW ASSIGNED TO
Medical Dental Psychiatry Nursing Other
Response to request
placed on Or sick call
Appointment scheduled/rescheduled for:
No visit necessary
No show for appointment Refused to be seen. DOC 2523 Release of Liability signed
PRESCRIPTIONS PRESCRIPTIONS
PLAN
Follow-up appointment Return if needed No follow-up required
Signature of practitioner responder Date
NEVADA DEPARTMENT OF CORRECTIONS MEDICAL KITE and SERVICE REPORT

A3

NAME B (and on E vans) $ D# 12/2/03$ Unit/Cell#: $ a-F-25 $ FACILITY H DSP DATE $6-19-20$ SIGNATURE BPN
FACILITY POST DATE 6-19-20 SIGNATURE BY
Request ACYCLOVIR RX# 325 248
Please penew and petil if Passible - - Laving a perocurance of Epstein-Back Symptoms
SEMPTOMS SEMPTOMS
INMATES = DO NOT WRITE IN AREA BELOW ASSIGNED TO
Medical Dental Psychiatry Nursing Other
Response to request / lacet ou sick call
54QT
Appointment scheduled/rescheduled for:
No visit necessary No show for appointment
Refused to be seen. DOC 2523 Release of Liability signed
PRESCRIPTIONS
KOP NON-KOP
Order date
PLAN
Follow-up appointment Return if needed
No follow-up required
Signature of practitioner/responder Date
NEVADA DEPARTMENT OF CORRECTIONS MEDICAL KITE and SERVICE REPORT

PRINT NAME: Brandon Kenneth Evans	ID#: 1212103
(Also print name and ID# at bottom of form where in	
Institution: HDSP Date submitted: 4,23,	2020 Signature:
Medical: Dental: Mental Health: N	ursing: Other:
Reason for request: (Describe below)	
I have been waiting L Follow up afformt ment to F	t t months to 9
for my Fibliomyalgia, Medic	at thentment
this and is leaving me unter	and and the ox
I waste Me not beins	4++0 4 114 SEFFERING While
willen and Deiberate indifference F	seen and teated is
DO NOT WRITE IN ARI	FARELOW
Response to request:	EABELOW
You are scheduled and will be not	neu
the day of your appointment.	
	ŔŊ
Appointment Schedule for: //	Rescheduled for: / /
No visit necessary	
No Show for Appointment	
Refused to be seen. DOC 2523-Release of Liability	
PRESCRIPTION	
KOP NON-KOP	
Order Date:	
PLAN	
Follow-up appointment / /	Return if needed
No follow-up required	
0.00	
Signature/Title of Provider	<u>4 1 13 1 20</u> Date
NEVADA DEPARTMENT OF CORRECTIONS	AME: Evans Bigndon K
MEDICAL KITE and/or	
SERVICE REPORT	ID#: 12.12103
- Hill - Hill - Control - Cont	Dell#: (0-F-25
Professional Company of the Company	

45

INMATE REQUEST FORM

PECEIVED APR 0 6 2020

1.) INMATE NAME		DOC#	2.) HOUSING UN		3.) [DATE
Blandon K	Evans	1212103	10-C-	20	3-	30-20
4.) REQUEST FORM	<u>// TO</u> : (CHECK BC	X)	MENTAL HE	ALTH	CAN	NTEEN
CASEWORKER	XMED	CAL	LAW LIBRAI	₹Y	DE	NTAL
EDUCATION	VISIT	ING	SHIFT COM	MAND		
LAUNDRY	PROI	PERTY ROOM	OTHER		2	
5.) NAME OF INDIVID	OUAL TO CONTAC	T: NVCSING	/ Refill	5		
6.) <u>REQUEST:</u> (PRIN	TBELOW)	PS			DOB	11/16/95
	ORATADINE RY#.30159:	prease R				
4/21	## ## ## ## ## ## ## ## ## ## ## ## ## ## ## ## ## ## ## ## ## ##	- EXPINED -	GIM	y cul	7	
	ACETAMINOPHEN RX# 301593	Please	Renew	and	RPF	7/1
	renes march at the east of at 1 kW 11 C T Mi					9 follow
UP APP+.	petore		Piced or			
Still ha	ven't bee					mygisiq Yet
7.) INMATE SIGNATU		*			# /21:	
8.) RECEIVING STAFI		TO SECURE AND SECURE SECURITIES.	Stand Stand and Date of Co. And Standard Standard	DOO		
**********	*********	9) RESPON	SE TO INMATE	*********	********	*********
		0.) KEO! OI	OL TO HAWKIE			
		# 301593	PXPUDE	H N	- 199	to phy
		,, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	77		TYL	trol g/1/4
		N N				Phr
						
10.) RESPONDING ST	AFF SIGNATURE				DATE	
,	0.0.0.0.000	<u> </u>			DAIL	

A-6

PRINT NAME: Bandon Kennety Evans (Also print name and ID# at bottom of form where	ID#: 1212103 e indicated) DOB: 11 1 16 1 1995
Institution: HPSP Date submitted: 12/9	
Medical: Dental: Mental Health:	
Reason for request: (Describe below) I Finally Received Same of Sern By the DI But I	my Kops after Beins
Seem Ry the DC BUT I	did not set the
fiber Pills for my GI	2556 ls .
I also want to make such	o my medical fecolds came
in from EIKO before My follow	r UP appointment,
DO NOT WRITE IN	AREA BELOW
Response to request:	1
	1/00
- DEC 1 2 2019 .7	- NSG.
\$1.579 ₅	61.
The Control of the Co	9
	er sell
Appointment Schedule for:	Rescheduled for: / /
No visit necessary	
No Show for Appointment	
Refused to be seen. DOC 2523-Release of Li	ability signed
PRESCRIF	PTIONS
KOP NON-KOP	
Order Date: / /	
PLA	N
	Return if needed
Follow-up appointment / /	
No follow-up required	
	Date
Signature/Title of Provider	Date
NEVADA DEPARTMENT OF CORRECTIONS	NAME: Evans Bandon K
MEDICAL KITE and/or	Last First MI
SERVICE REPORT	ID#: 1212103
	Unit/Cell#: 10 F - 7



PRINT NAME: Brandon (Cenneth Evans (Also print name and ID# at bottom of form where indicated) ID#: 1212103 DOB: 11 116 11995
DOM
Medical: Dental: Mental Health: Nursing: Other:
Reason for request: (Describe below) T was corn 9 month 990 and haven't 69then my
Reason for request: (Describe below) I was seen a month ago and haven't Gotten my KOPS for Extra Strength a cetomenopnen and fiber. I also want to make sure my records reque
I also want to make sure my records reque
Camp in from DR Patel in EIKO and that i have a follow up appointment.
have a follow up appointment.
DO NOT WRITE IN AREA BELOW
Response to request:
Request sent to sharmacy, wartry for delinery
delinery.
S et set
Appointment Schedule for: / / Rescheduled for: / /
No visit necessary
No Show for Appointment
Refused to be seen. DOC 2523-Release of Liability signed PRESCRIPTIONS
1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1
MOP NON-KOP Order Date: / /
PLAN
Follow-up appointment / / Return if needed
No follow-up required
Signature/Title of Provider Date
NEVADA DEPARTMENT OF CORRECTIONS . NAME: EV995 B (971307) K
MEDICAL KITE and/or Last First MI
SERVICE REPORT ID#: 1212103
Unit/Cell#: 10 - F - 7

DECEIVEN NO PRINT NAME: Brandon Kenneth Evans (Also print name and ID# at bottom of form where indicated)

DOB: 1213

DOB: 111611995 Date submitted: 10/14/2019 Signature: PAIN Medical: Mental Health: Nursing: Nursing: Reason for request: (Describe below)

My 195+ 2 appointments have been skipped or

Concelled after I was notified. I've been waiting for 6 months to be seen for my fibromyaloing -I haven't Been seen since intake. This Chanic Cale need is being lamores and I am suffering because of medicals willful insitted I've developes a GI Bleed (over a month now-kites in fac. it) from IBUS. DO NOT WRITE IN AREA BELOW Response to request: / / Rescheduled for: / / Appointment Schedule for: No visit necessary No Show for Appointment Refused to be seen. DOC 2523-Release of Liability signed. **PRESCRIPTIONS** KOP NON-KOP Order Date: / / PLAN Return if needed Follow-up appointment . _____/ / No follow-up required Smathinger Ril Date Signature/Title of Provide NEVADA DEPARTMENT OF CORRECTIONS NAME: Fight Bandon.

Last First MEDICAL KITE and/or ID#: (2/2/03 SERVICE REPORT Unit/Cell#: O-F-

1 1	DOINT MAKE D. CONT
	PRINT NAME: Brand Kenneth Evans (Also print name and IDV 1)
	(Also print name and ID# at bottom of form where indicated) DOB: 11 16 1-95
	Institution: HISP Date submitted: 9 / 10 / 19 Signature: Signature:
	Medical: Dental: Mental Health: Nursing: Other:
	Reason for request: (Describe below) My fiblo myalgia Symptoms have Gotten extremely bad, Thaven't been seen by mesical in over 6 Months - Since in take
TEN: THE TOTAL TOT	I haven't been seen by melian extremely bad,
	months - since in take. I can't sleep bue to
	happe Comi in
4	bunk. All the Fites I've been Putting in for 3 mon
have G	one unanspectued. I have a GI bied from IBU from conteen
	DO NOT WRITE IN AREA BELOW
	Response to request:
	· · · · · · · · · · · · · · · · · · ·
	the day of
ļ	You are scheduled and will be notified
1	,RN
	Appointment Schedule for:
	No visit necessary Rescheduled for: / /
	No Show for Appointment
- 11	Refused to be seen. DOC 2523-Release of Liability signed
- 11	PRESCRIPTIONS
- 11	KOP NON-KOP
- 11	Order Date: / /
- It	DI AN
- 11	PLAN Follow-up appointment / / Patrum if you like
- 11	No follow-up required Return if needed
- 11	The follow-up requires
- 11	111 9 13 19
- 11	Signature/Title of Provider Date
IF	NEVADA DEPARTMENT OF CORRECTIONS
	NEVADA DEPARTMENT OF CORRECTIONS NAME: Evans Brandon K
	MEDICAL KITE and/or Last First MI
	SERVICE REPORT ID#: 1212103
	EEC 9-18-16 Unit/Cell#: 9-A 7

A 10

INMATE REQUEST FORM

1.) INMATE NAME	DOC#	2.) HOUSING UNIT	3.) DATE
4.) REQUEST FORM TO: ((MENTAL HEALTH	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL
		SHIFT COMMAND	
EDUCATION	VISITING		
LAUNDRY	PROPERTY ROOM	OTHER	
5.) NAME OF INDIVIDUAL TO	CONTACT: Kof Re	FIRS / NUMBER	79
		V and Refin	
you Lorated	of to me -	this has no	t been finer
		the Middle	
	a lerry med.		
		1	
Plant Bar	# 201593	95 NEW 24	he been out
	Thank	yeu	
7.) INMATE SIGNATURE	MAN	DOC	# 1212103
8.) RECEIVING STAFF SIGN		DA ⁻	ΓΕ
*************	9.) RESPON	NSE TO INMATE	**************************************
	, , , , , , , , , , , , , , , , , , ,		
40 \ DECEDANDING CTAFF OF	CNATURE		DATE
10.) RESPONDING STAFF SI	GNATURE		_ DATE

NAMERIAND EVANS 10# 12/103 University 10-F-25	
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THE POTTON EXTENSIVE FOR THE STATES	9
INIVATES DO NOT WRITE IN AREA BELOW	
ASSIGNED TO	
Medical Dental Psychiatry Nursing Other	
Response to request	
PLACES ONDECTOR SICK OALS	
Appointment scheduled/rescheduled for IN0 Visit necessary	
No show for appointment	
Refused to be seen. DOC 2523 Release of Liability signed. PRESCRIPTIONS	
KOP NON-KOP I I I I I I I I I I I I I I I I I I I	
Order date FLAN	
Follow-up appointment Return if needed	
Signature of practitionar/responder Date	
NEVADA DEPARTMENT OF CORRECTIONS MEDICAL KITE and SERVICE REPORT	

A-12

PRINT NAME: Bandon Evans	ID#: 1212103
(Also print name and ID# at bottom of form	where indicated) DOB: (1 //6 / q J
Institution: HOSP Date submitted: 8	19 19 Signature: PM
Medical: Dental: Mental Health:	Nursing: Other:
Reason for request: (Describe below) MY from 401979 has Gotten	Severy Bad - I Can't Sleep OP to the top Bunk, I Something, This is my 32 Kite
are to the Pain-Can't Climb	cp to the top Bunk, I
need an autilitial like welongen of	something. This is my 3th Kite
Regarding this the others, Put in av	going contented. Also my Kop
am softering for to his medial tissising	going chreates, Also my Kop
allergy priss alen't working is it poss	
Response to request:	IN AREA BELOW
response to request.	
of the day of your	
PRN	
Appointment Schedule for: / No visit necessary No Show for Appointment Refused to be seen. DOC 2523-Release of	/ Rescheduled for: / /
	RIPTIONS
KOP NON-KOP	NII FIONO
Order Date: / /	
	TAN .
	LAN
Follow-up appointment / /	Return if needed
No follow-up required	
Signature/Title of Provider	Date Date
NEVADA DEPARTMENT OF CORRECTIONS	NAME: Fans Bogadon K
MEDICAL KITE and/or	Last First MI
SERVICE REPORT	ID#: 1212103
	Unit/Cell#: 9-A-7

	PRINT NAME: Brandon Lennety Evans : ID#: 1212103
	(Also print name and ID# at bottom of form where indicated) DOB: 11 / 16 / 95
	Institution: HDSP Date submitted: 7 19 19 Signature: 1955
	Medical: Dental: Mental Health: Nursing: Other:
_	Reason for request: (Describe below) My Fibro Myalgia Symptoms are Getting Much Worse, I Can't
	Climb up to the top Bunk and Can't fall asless Due to
	the Pain. I need to set a bottom bunk and naplexen R
	Thank for
	DO NOT WRITE IN AREA BELOW
	Response to request:
ı	িও are scheduled and will চ্ডান্ত ভিত্ত day of your appointment
١	
١	A S. F. T. Annual Conference of the Conference o
l	
l	Appointment Schedule for:/ / Rescheduled for:/ /
l	No visit necessary
l	No Show for Appointment
ı	Refused to be seen. DOC 2523-Release of Liability signed
	PRESCRIPTIONS
	KOP NON-KOP
	Order Date: / /
	PLAN
	Follow-up appointment / / Return if needed
	No follow-up required
	2 If A The second of the secon
I	Signature/Title of Provider Date
	NEVADA DEPARTMENT OF CORRECTIONS NAME: Evans Brandon K
	MEDICAL KITE and/or Last First MI
	SERVICE REPORT ID#: 1212103
	REC 0-16-10 Unit/Cell#.
_	

Case 2:21-cv-02247-GMN-VCF Document 5 Filed 04/04/22 Page 34 of 74 **State of Nevada**

Department of Corrections

INMATE GRIEVANCE REPORT

ISSUE ID# 20063089185 **ISSUE DATE**: 09/10/2019

	INMATE NAME	NDOC II	TRANSACT	ION TYPE	ASSIG	NED TO
EVANS, BRANDON KENNETH		1212103	RTRN	_INF	SMATTINSON	
LEVEL	TRANSACTION DATE	DAYS LEFT	FINDING	US	ER ID	STATUS
IF	01/10/2020	5	Granted	KPA	LMER	А

INMATE COMPLAINT

OFFICIAL RESPONSE

Inmate Brandon Evans #1212103,

am in receipt of your Informal Grievance 2006-30-89185 as it relates to an appointment with the medical provider regarding fibromyalgia.

You were seen by the provider on 11/6/19, that was your remedy as such your grievance was granted.

Grievance granted.

Report Name: NVRIGR

Reference Name: NOTIS-RPT-OR-0217.4

Run Date: JAN-10-20 07:56 AM

9/10/19

Log Number 2016 - 30 - 89185

NEVADA DEPARTMENT OF CORRECTIONS INFORMAL GRIEVANCE

NAME:	B(andon)	K	EVal	15	D NUMBI	ER. 121.	2/03	
INSTITU	JTION: H	OSP			NIT: 9	- A		
GRIEVA	NT'S STATEM	IENT:	I hau	ren't	been	500	n by	mesical
for	my P	7451	Cal M	182,091	bis,	bility	Since	intake n
fhan	6 mon	ths	990. 1	M4 0	1867691	Kites	for 1	my wolson
Condi	tion ho	ive	been	ion	cres	fol	3 men	ths - no
In	ees to	Se	>e q	Pocto(for	4000	ment/	M91199CMEN
INMATE S	DECLARAT SIGNATURE: ICE COORDIN	DAR		اما		DATE: q		8:00 AN
GRIEVAN	ICE RESPONSI	€:						
GRIE	RKER SIGNAT VANCE UPHE NCE COORDIN	LD	_GRIEVAN	ZE DENIED	ISS	E NOT GRI	E: <u>3-4</u> EVABLE PER E: <u>2/12</u>	
FAILURE 1	INMATE AGE SIGNATURE: TO SIGN CON JED IN THE EV		Pell()/ ES ABANDOI	IATE DISAG NMENT OF DISAGREES	THE CLAIN	DATI M. A FIRST L		
Original: Canary: Pink: Gold:	To Grieva	nce Coord eceipt who	en formal grieva		rievance		RE	CEIVED
							SEE	11 2019

NEVADA DEPARTMENT OF CORRECTIONS EMERGENCY GRIEVANCE FORM

NAME: Blanden Evans I.D. NUMBER: 1212103 INSTITUTION: High Desert State Prison UNIT: 10-B-19
INSTITUTION: High Deselt State Plison UNIT: 10-B-19
GRIEVANT'S STATEMENT: I have no record access to medical
case. I have severe Fibromraising which causes
externe pain 247. I've been on the "SICK Call"
list for over 18 months without Seeing a Doctor.
I have no freatment for my serious medical news,
I'm sitting there waiting in pain for beals.
Remedy: Immediatly let me see a availitied
medical provider, I've put in loo medical kites;
DATE: 9-6-21 TIME: 19:36 RECEIVING STAFF SIGNATURE: Solo Reserved DATE: 9-6-21 TIME: 19:36 PASINIME DATE: 9-6-21 TIME: 19:36 PASINIME: 19:36
INMATE AGREES:
Medical was advised.

DOC-1564 (7/02)





State of Nevada Department of Corrections

INMATE GRIEVANCE REPORT

ISSUE ID# 20063104159

ISSUE DATE: 06/29/2020

INMATE NAME		N	IDOC ID	TRANSACTION TYPE		ASSIGNED TO	
EVA	NS, BRANDON KENNETH	1	1212103	RTRN_L	2	М	MINEV
LEVEL	TRANSACTION DATE	DAYS LE	FT	FINDING	USE	R ID	STATUS
2	01/16/2022			Resolved	LVFLC	DRES	INACTIVE
			INMATE C	OMPLAINT			
		C	OFFICIAL	RESPONSE			

HDSP medical has reviewed your request and medical concerns. You will be scheduled with an expedited appointment to see our medical provider to provide resolution to your medical issue. Grievance resolved.

W2.1.22

Michael Minev M.D.

Michael liner

GRIEVANCE RESPONDER

Report Name: NVRIGR

Reference Name: NOTIS-RPT-OR-0217.4

Run Date: JAN-16-22 10:53 AM

Page 3 of 6

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1.2.21 DONIE

LOG NUMBER: 2006 310 4159

NEVADA DEPARTMENT OF CORRECTIONS SECOND LEVEL GRIEVANCE

NAME: Blandon Evans	I.D. NUMBER: 1212103
INSTITUTION: High Leselt State Prison I REQUEST THE REVIEW OF THE GRIEVANCE, LOG NUMB	
SECOND LEVEL. THE ORIGINAL COPY OF MY GRIEVANCE IS ATTACHED FOR REVIEW.	AND ALL SUPPORTING DOCUMENTATION
SWORN DECLARATION UNDER PENALTY OF PERJURY	
INMATE SIGNATURE:	DATE: 7-1-21
WHY DISAGREE FICS+ level G(ievance f	com 9-20-20 has not
been peplied to, way over o	timely period (45 days)
per AR 740, I am Still S	uffeling in extreme
Pain how tolked to climp to a	S! I need medical attention!
GRIEVANCE COORDINATOR SIGNATURE:	DATE: 7/8/2/
SECOND LEVEL RESPONSE:	
GRIEVANCE UNICHAEL GRIEVANGE DENIED_	ISSUE NOT GRIEVABLE PER AR 740
SIGNATURE: TITL	ENHAL MUNDATE: 111614000
GRIEVANCE COORDINATOR SIGNATURE:	DATE:
INMATE SIGNATURE:	DATE: 2-1-22
THIS ENDS THE FORMAL GRIEN	ANCE PROCESS
Original: To inmate when complete, or attached to formal grieval Canary: To Grievance Coordinator Pink: Inmate's receipt when formal grievance filed Gold: Inmate's initial receipt	ance

DOC 3094 (12/01)

Case 2:21-cv-02247 GMN-VCF Document 5 Filed 04/04/22 Page 39 of 74

NEVADA DEPARTMENT OF CORRECTIONS SECOND LEVEL GRIEVANCE

6	Case 2:21-cv-02247 GMN-vCF Document 5 Filed 04/04/22 Page 39 of 74
u	LOG NUMBER: 2000 810 4159
II	NEVADA DEPARTMENT OF CORRECTIONS SECOND LEVEL GRIEVANCE
	NAME: Evans I.D. NUMBER: 1212103
	INSTITUTION HICH desired (+orte Milen UNIT 10-8-19
	I REQUEST THE REVIEW OF THE GRIEVANCE. LOG NUMBER 2006 310 41 59 ON THE SECOND LEVEL THE ORIGINAL COPY OF MY GRIEVANCE AND ALL SUPPORTING DOCUMENTATION IS ATTACHED FOR REVIEW
	SWORN DECLARATION UNDER PENALTY OF PERJURY
	INMATE SIGNATURE DATE: 7-1-11
	WHY DISAGREE: The Greate from 9-20-20 Has not
	been period to, way over a timely period (45 day)
18	PER AR 740, I am SELL SILVERD IN CHICAMP
	Poin, you believe to think to a top bank with you pain,
	With he traitment for yours! I ment moved assentian!
	GRIEVANCE COORDINATOR SIGNATURE:
#	SECOND LEVEL RESPONSE:
	Paris I
	GRIEVANCE UPHELD GRIEVANCE DENIED ISSUE NOT GRIEVABLE PER AR 740
	SIGNATURE TITLE MALE MATE 116/20
	Witchael Minev M.D.
	Pal, 2,1-2
	INMATE SIGNATURE:DATE:
	THIS ENDS THE FORMAL GRIEVANCE PROCESS
	Original. To inmate when complete, or attached to formal grievance Canary: To Grievance Coordinator Pink: Inmate's receipt when formal grievance filed Gold: Inmate's initial receipt

DOC 3094 (12/01)

· D4

Log Number 2006 310 4159

NEVADA DEPARTMENT OF CORRECTIONS FIRST LEVEL GRIEVANCE

NAME: Brandon evans	I.D. NUMBER: 1212103
	UNIT: 10-F-28
I REQUEST THE REVIEW OF THE GRIEVANCE, LOG MANNER. THE ORIGINAL COPY OF MY GRIEVANCE FOR REVIEW.	NUMBER 2006 310 4159, IN A FORMAL AND ALL SUPPORTING DOCUMENTATION IS ATTACHED
SWORN DECLARATION UNDER PENALTY OF PERJ	IURY
INMATE SIGNATURE:	DATE: 9-20-20
WHY DISAGREE: You have NOT ces	spinded to the I/F in a timely
Monner. I Need Actu	ral Medical trentment
Penely- C-SEE me	e & treat my medical
1554es.	
GRIEVANCE COORDINATOR SIGNATURE:	DATE: 10/6/20
	DENIED ISSUE NOT GRIEVABLE PER AR 740
	TITLE: DATE:
GRIEVANCE COORDINATOR SIGNATURE:	DATE:
INMATE AGREES INMATE	DISAGREES
INMATE SIGNATURE:	DATE:
FAILURE TO SIGN CONSTITUTES ABANDONMENT OF PURSUED IN THE EVENT THE INMATE DISAGREES.	OF THE CLAIM. A SECOND LEVEL GRIEVANCE MAY BE
Original: To inmate when complete, or attached canary: To Grievance Coordinator Pink: Inmate's receipt when formal grievance Gold: Inmate's initial receipt	ce filed



Case 2:21-cv-02247-GMN-VCF Document 5 Filed 04/04/22 Page 41 of 74

1.) INMATE NAME	DOC #	To vitaliania	
Brandon evens	DOC#	2.) HOUSING UNIT	3.) DATE
		1645.25	9-13-20
4.) REQUEST FORM TO: (MENTAL HEALTH	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL
EDUCATION	VISITING	SHIFT COMMAND	
LAUNDRY	PROPERTY ROOM	OTHER	
5.) NAME OF INDIVIDUAL TO	CONTACT: MC. Falis	sele.	
6.) REQUEST: (PRINT BELO	w I submitte.	d A Medical gl	revince,
	13-10	THE PERIOD OF	
Plei	se Pruvide +	Le lug H	
	1.04160	Chef H	
	Thuck you		
7.) INMATE SIGNATURE	Brown		
	The second	DOC # _	1212/03
8.) RECEIVING STAFF SIGNA	TURE_ *******************************	DATE_	***
	9.) RESPON	SE TO INMATE	· 10 · 10 · 10 · 10 · 10 · 10 · 10 · 10
	(n 1 L		
	(0/L #		
	OR # 2006	31 04159	
10.) RESPONDING STAFF SIGN	IATURE TU	MDAT	6-9 MAF - 2020
	<i>y</i>	THE CONT	EEP 2
		FILE COPY	DOC 3012 (REV. 7/01)
			ພບບ(≃)3012 (REV. 7/01)

910 7-1-2020 1134

Log Number 2016 - 31 - 04159

Morale

NEVADA DEPARTMENT OF CORRECTIONS INFORMAL GRIEVANCE

NAME: B	Sandun EVans	I.D. NUMBER: 1212103	
INSTITUTIO	DN: 1-105P	UNIT: 10-F-25	
GRIEVANT'	S STATEMENT: Lam Filing	this grewing Be	CAUSE
HOSP-	medical delinery sy	istem. Ductures	and Alurens
A-Re 1	Tware of my Fibro	myalgia and ace	C. Trans
treat me	endequetely This con	Stitutes madical	deliberto
In differ	ence a Violation of n	my Federal rights.	DEMINERALE
SWORN DE	CLARATION UNDER PENALTY OF	PERJURY	
INMATE SIGN	IATURE: PARA Z	DATE: 6-29-20-	TIME: / Tooks
GRIEVANCE (COORDINATOR SIGNATURE: Ty	C DATE: 7-6-30	гіме: 6:04
MAKAMININ TINI TINI TINI TINI TINI TINI TINI			
CASEWORKE	R SIGNATURE:	DATE:	
GRIEVANO	CE UPHELD GRIEVANCE DENIED		
	COORDINATOR APPROVAL:		
INM	ATE AGREESINMATE DISAC	GREES	de allega de la companya de la comp
INMATE SIGNA	TURE:	DATE:	men di verdori qui ago, nico d'alla minosporazio di Provincio Priprin a associato Proprieda Priprincio del
FAILURE TO SIGNED IN	GN CONSTITUTES ABANDONMENT OF I THE EVENT THE INMATE DISAGREES	THE CLAIM. A FIRST LEVEL GR	IEVANCE MAY
Pink:	To inmate when complete, or attached to formal g To Grievance Coordinator Inmate's receipt when formal grievance filed Inmate's initial receipt	rievance	RECEIVED

FLE CODY HDSP 12 / 01) 7-1-2020

Log Number	2006-	31-	04157
rog rammoer	Carried Mark	mark the	Will and for

NEVADA DEPARTMENT OF CORRECTIONS INFORMAL GRIEVANCE

NAME: Diracio Ellacio	LD. NUMBER: 12163
INSTITUTION: 上からの	UNIT: 10-F-25
GRIEVANT'S STATEMENT:	sing the right eleme Becomeso
11050 melicul de loury	System Docturs and Nos
ARE Allere of my	incommention and are files of
front me Adopt they This o	constitutes and out delibere
Indifference of Villation	Cong Federal rights
SWORN DECLARATION UNDER PENALT	
INMATE SIGNATURE:	DATE:TIME:
GRIEVANCE COORDINATOR SIGNATURE;	DATE: 76-JC TIME: 6:04
GRIEVANCE RESPONSE:	
And proceedings for all the final Matter Control of Con	
CASEWORKER SIGNATURE:	DATE:
	ENIED ISSUE NOT GRIEVABLE PER AR 740
GRIEVANCE COORDINATOR APPROVAL:	
INMATE AGREES INMATE	DISAGREES
NMATE SIGNATURE:	DATE:
FAILURE TO SIGN CONSTITUTES ABANDONMEN BE PURSUED IN THE EVENT THE INMATE DISAC	NT OF THE CLAIM. A FIRST LEVEL GRIEVANCE MAY GREES.
Original: To inmate when complete, or attached to for an arrange of the control o	
Pink: Inmate's receipt when formal grievance fill Gold: Inmate's initial receipt	led RECEIVED
	JUL 0/2 2020



NEVADA DEPARTMENT OF CORRECTIONS GRIEVANT'S STATEMENT CONTINUATION FORM

NAME: Brandon Evans I.D. NUMBER: 12	12103
INSTITUTION: 10-F-2	
GRIEVANCE #: GRIEVANCE LEVEL: I	1F
GRIEVANT'S STATEMENT CONTINUATION: PG. 2 OF	2
I have Fibrumyalgia which chuse; extrem	
PAIN, digestion problems, Juint Problems as in	
Fortigue I was able to Adequately treat	this
with a Doctor on the Streets, But the HOSE Do	ucturs
are confletely Failing to treat me mean	ing Fully
HARM: I Feel turtured and Like Ium	quing to
HArm: I Feel turtured and Like Tum & Die I Hurt So BAN! Pleuse Help	mel
Remedy: HAVE Me Seen By a ductor, And the Ductor Provide Menning Ful trent! NOT Just tylenol.	1 HAVE
the Ductor provide Menning Ful trents	ment
NUt Just tylenol.	
	and the state of t
	- 19 - 19 - 19 - 19 - 19 - 19 - 19 - 19
	TO PATE OF THE SECOND OF THE PATE OF THE SECOND OF THE SEC
Original: Attached to Grievance Pink: Inmate's Copy	

RECEIVED

JUL 02 2020 DOC - 3097 (01/02) FLE COPYHOSP

Case 2:21-cv-02247 GMN-VCF Document 5 Filed 04/04/22 Page 45 of 74

Marian Springer	Pipelore and Control of the Control	
	PRINT NAME: Brandon Kenneth Evans	ID#: 1212103
	(Also print name and ID# at bottom of form where indicated)	DOB: 11 1 16'1 1995
as Minner a sign	Institution: HDSP Date submitted: 4,23,2020	Signature:
	Medical: Dental: Mental Health: Nursing:	Other:
	Reason for request: (Describe below) L have been warting 4 +	400
	Follow UP of PPOINT MENT to Finally	months for q
	fer my Fible minion Medical 13	Get Heatment
	this and is leaving me unflegted	nell andre ox
	MP Not I A	igno seffering while
	WELLER STREET OF THE MET STEED STEED	and drouged is
	DO NOT WRITE IN AREA BELOW	facility of Hospe
	Response to request:	a promine al altre de la companya d An altre de la companya de la compa
77.4		
	You are acrequed and without the day of your appointment	
	RN CONTRACTOR OF THE CONTRACTO	
	Appointment Schedule for:	
	Appointment Schedule for: No visit necessary	scheduled for: / /
	No Show for Appointment	
	Refused to be seen. DOC 2523-Release of Liability signed	
	PRESCRIPTIONS	
	NON-KOP NON-KOP	general de la companya de la company La companya de la co
	Order Date:	
	At the part of the Control of the second of	The second secon
	Follow-up appointment / Re No follow-up required	durn if needed
	T 10 John 4th Fedured	
	J. (2)	13 9/
	Signature/Title of Provider Date	
	NEVADA DEPARTMENT OF CORRECTIONS	
	PART OF A THE PROBLEM STREET, A THE LANGE OF THE PART OF THE P	Bandon K
	MEDICAL KITE and/or Last	First RECEIVED
4.4	SERVICE REPORT ID#: 12-12	
	Unit/Cell#: (a - F	=-52 int 05 5000

F (E 0) B /

T 1006 2500 (03/19)

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INMATE REQUEST FORM

RECEIVED APR 0 8 2020

1.) INMATE NAME					
Blandon K	Evans	DOC#	2.) HOUSING UNI		3.) DATE
	10000	1212103	10-0-2		3-30-20
4.) REQUEST FORM	TO: (CHECK BO	X)	MENTAL HEA	LTH	_CANTEEN
CASEWORKER	≥ MEDI	CAL	LAW LIBRARY	/	DENTAL
EDUCATION	VISIT	ING.	SHIFT COMM	**************************************	DENTAL
LAUNDRY	PROF	ERTY ROOM	OTHER	AND	
5.) NAME OF INDIVIDU	JAL TO CONTACT	NVCSING	***************************************	The second of th	
6.) <u>REQUEST:</u> (PRINT	BELOW) Ko	PS		Do	B 11/18/93
	ATAC DE CON 3(153)	prease R	(PF) //		, , , ,
4/21		NO 1846 P -	Renew a	1112	
436	TAMINGPHEN RIW 30/ 533	Please	Renew a	and Re	4 \ / / /
		T ugs	SUPPESAL	la hau	0 0 0
UP appt,	petoce	this ex	Pice 1 PM	3 3 3/	2 2
Still har	en't been	Seen	amonn fas	No.	promygia he
7.) INMATE SIGNATURE	pm				
8.) RECEIVING STAFF S		the sharing many many many project a below the continue to make the continue to		DOC#_/2	-12-103
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		1		1	0/1
					VILL
10.) RESPONDING STAFF	SIGNATURE				RECEIVED
				DATE _	JUL 0.2 2020

FILE COPY HDSP DOC - 3012 (REV. 7/01)

PRINT NAME: Bandon Kennety Evans (Also print name and ID# at bottom of form where indicated) ID#: 1212193 DOB: // / 16 / 1995
Institution: HPSP Date submitted: 12/9/19 Signature: AST
Medical: Dental: Mental Health: Nursing: Other:
Reason for request: (Describe below) T Finally Received Same of my Kops after Boins
I Finally Received Some of my KOPS after Boins Som By fine Dr But I did not Get the
fiber Pills for my GI issues.
I also want to make sure my medical records come in from Elko before my follow up appointment.
DO NOT WRITE IN AREA BELOW
Response to request:
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and made and an and an and an and an
V.11*
Appointment Schedule for: / / Rescheduled for: / /
No visit necessary
No Show for Appointment
Refused to be seen. DOC 2523-Release of Liability signed
PRESCRIPTIONS
KOP NON-KOP
Order Date: / /
PLAN
Follow-up appointment / / Return if needed
No follow-up required
Signature/Title of Provider Date
NEVADA DEPARTMENT OF CORRECTIONS NAME: EVANS RECEIVED
MEDICAL KITE and/or Last First MI
SERVICE REPORT
UnivCel#: 12 -F -7 HDSP

PRINT NAME: Boandan Kenneth Ecogys 10#:1212103	
(Also print name and ID# at bottom of form where indicated) DOB: 1/ 1/6 / 1/99	5
Institution: HDSP Date submitted: 12 104119 Signature: PM	
Medical: Dental: Mental Health: Nursing: Other:	
Reason for request: (Describe below) I was sorn a month ago and harpn't Gatten me	1.10
KOPS for Extra Strength action enormen and school	_
KOPS for Extra Strength a cetomignormen and fiber. I also want to make sure my records reached the contraction of the contract	-
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Camp in from DR. Patel in EIKO and that it	44.70
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Appointment Schedule for: / / Rescheduled for: / / No visit necessary	<u> </u>
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Order Date: / /	
PLAN	
Followallo appointment	-
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Signature/Title of Provider Date 12,7,19	
NEVADA DEPARTMENT OF CORRECTIONS NAME: EVANS BOARDON K	1
MEDICAL KITE and/or Last PRECEIVED MI	
SERVICE REPORT ID# 12.12.193	MONCOUNTER STANK
Uhlt/cel#: (0 - 2 - 7 UL 0 2 2020	

NO PRINT NAME: Brandon Kenneth Evans 10#: 1212103
ND PRINT NAME: Brandon Kenneth Evans ID#: 1212103
(Also print name and ID# at bottom of form where indicated) DOB: // // 6 / / / / / / / / / / / / / / /
Institution: HPSP Date submitted: 10,14,2019 Signature: PART
Medical: Dental: Mental Health: Nursing: Other:
My 195+) Of Proint ments have heen Ct. process
Eg nelles after I was notified. I've been ugiting &
6 months to be seen for my fiblomyaloin -
I haven't Been seen since intake his chance role new
15 being concret and Dam Suffering because of medicals willful inte
I've developes a GI Bired (over a month now-kites in facit) from IBUS
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Response to request:
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Appointment Schedule for: / / Rescheduled for: _ / /
No visit necessary
No Show for Appointment
Refused to be seen. DOC 2523-Release of Liability signed
PRESCRIPTIONS
KOP NON-KOP
Order Date: / /
PLAN
Follow-up appointment / / Return if needed
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Smathingor Rid A NOV - 5 2018 18
Signature/Title of Provider
BIL voucesunsessessessessessessessessessessessesses
NEVADA DEPARTMENT OF CORRECTIONS NAME: EVANS BANGON
MEDICAL KITE and/or Last Figur 0.2 2020 MI
SERVICE REPORT CO# 12103

Case 2:21-cv-02247-GMN-VCF Document 5 Filed 04/04/22 Page 50 of 74

1	PRINT NAME: Brandan Kenneth Evans
3. 4 .11	(Also print name and ID# at bottom of form where in it
All the state of t	DOB: 1 Long 1 6 Company of the state of the
	Medical: Date submitted: 9/10/19 Signature:
	Dental: Mental Health: Nursing
	Reason for request: (Describe below) My fibo Myalgia Symptoms have Gotten extenely bad, I haven't been seen by mestical in over 6 months - since in take. I can't sleep bee to fine pain and can bacely climb up to my bunk. All the rites I've been Puting in for 3 month ne unanswerwed. I have a GI bleef from IBU from conteen in DO NOT WRITE IN AREA BELOW
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8	months - 5 ince in take
	the parn and six + can't sleep bup to
11	bunk and (an) bacery climb up to me
have do	ne unanswermen + 1 the kites I've been putting in for a month
It	enoc. + have a G.I. bleed from IBV from
F	Response to request:
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1	appointment and will be notified
	and the same of th
	,RN
	Appointment Schedule for: // Rescheduled for: //
	Province
	No Show for Appointment
11_	Refused to be seen. DOC 2523-Release of Liability signed
11-	PRESCRIPTIONS
	KOP NON-KOP
	Order Date: / /
	PLAN
	Follow-up appointment / / Return if needed
	701
11	Signature/Title of Provider 9, 13, 19
11	Date Date
	NEVADA DEPARTMENT OF CORRECTIONS
	MEDICAL KITE and/or NAME: Evgns Brandon K
11	SERVICE REPORT
	266 0-18-18
	Unit/Cell# 9 - A TUL 02 2020
	The bag
187000 pm may be recommended and the second	1 D 20 2 500 (03/19)

Case 2:21-cv-02247-GMN-VCF Document 5 Filed 04/04/22 Page 51 of 74

PRINT NAME: Branson Evans	12 (2)
(Also print name and ID# at bottom of	form where Indicated) ID#: 12/2/03 DOB: (1/6/95
Institution: HOSP Date submitted	
Medical: Dental: Mental Health:	production of the state of the
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Response to request:	THE IN AREA BELOW
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No visit necessary	/ / Rescheduled for:/ /
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KOP NON-KOP	
Order Date: / /	
	PLAN
Follow-up appointment / /	Return if needed
No follow-up required	I TOTAL I HOOLED
Signature/Title of Provider	Date
	See Co. Sec.
NEVADA DEPARTMENT OF CORRECTIONS	NAME: Fans Bogndon K
MEDICAL KITE and/or	Last First MI
SERVICE REPORT	ID#: 1212103 RECEIVED"
	Unit@ell# 9-A-7 JUL 02 2020
	- C- 120 1-14 1-14 1-14 1-14 1-14 1-14 1-14 1-1
•	JD @ 2500 (03/19

	PRINT NAME: Brandon Kennety Evans : 10#: 1212103
	(Also print name and ID# at bottom of form where indicated) DOB: 11 / 16 / 95
	Institution: HDSP Date submitted: 7 119 19 Signature: 1915
	Medical: Dental: Mental Health: Nursing: Other:
Control and the control and th	Reason for request: (Describe below) My Fibromy gymptoms are Setting much worse I Comb
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1	the Puin. I new to oct or bottom bunk and naplexen
1	
	Thank for.
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	Response to request:
П	િંગ are scheduled and witt મહાતા
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	the administration of the state
distribute and commercial and commer	Appointment Schedule for: / / Rescheduled for: / / No visit necessary No Show for Appointment
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	Order Date: / /
_	PLAN
	Follow-up appointment / / Return if needed
	No follow-up required
	Signature/Title of Provider
	Date
	NEVADA DEPARTMENT OF CORRECTIONS
	· NAME: EV9NS RS (9Ndg)
	W
	SERVICE REPORT ID#: 12/2/03 IIII 07 2020
	PCC 0-16-10 University HDSP

Rec Case 2:21-cv-02247-GMN-VCF Document 5 Filed 04/04/22 Page 53 of 74

1.) INMATE NAME	DOC#	2.) HOUSING UNIT	3.) DATE
Brandon Evans	1212103	10-2-19	9-26-21
4.) REQUEST FORM TO: (MENTAL HEALTH	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL
EDUCATION	VISITING	SHIFT COMMAND	
LAUNDRY	PROPERTY ROOM	Sother Walden	
5.) NAME OF INDIVIDUALT PUSSIONS FO U.S.C. & 1746	O CONTACT: Walden C	givin Johnson H	psp
6.) REQUEST: (PRINT BELO	DW) I have not been	Seen by Medical in h	eatly tho beats
for My Fiblemyalgiq.	I have beceived no	Reply at any level	i to my
Steinance Regarding	this (2006 310415	9) Well Past every t	meirne per op 240
and AR740, includ	ing first level, Which	ch you are Responsible	hie for HOSP
Medical Refuses +	a Help of even see	me, While E Sof	fec in Paln
that can be m	lanaged With the	tielb ot a smithled f	betor. Thisss
UN Nessacry and do	eliberate infliction	of pain upon m	6 .
7.) INMATE SIGNATURE	my und	or pentity or plainty DOC#_	1212103
8.) RECEIVING STAFF SIGN	IATURE	DATE_C	1/26/21
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wentron the	above during &	the intake proces	s, which
Carle have s	speed up you	rinteraction w/m	edical However
as a result o	f covidig red	tical became bus	hed up w/
	dical is now fr	uly staffed and	Sworking
diligently to	see everyone	BAR You are on	their clinicis
10.) RESPONDING STAFF S	IGNATURE AW MOU	tousilDA	TE 9/30/2)

1.) INMATE NAME	DOC#	2.) HOUSING UNIT	3.) DATE	
Brandon Evans	1212103	10-8-19 HDSP	9-26-21	
4.) REQUEST FORM TO:	(CHECK BOX)	MENTAL HEALTH	CANTEEN	
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL	
EDUCATION	VISITING	SHIFT COMMAND		
LAUNDRY	PROPERTY ROOM	SOTHER Director-No	OC.	
5.) NAME OF INDIVIDUAL T PUCKART +0 U.S.C. § 170	TO CONTACT: Difected	Charles Daniels		
6.) REQUEST: (PRINT BEL	ow, I have not been	g Seen by medical i	n negrily tho	
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including Second leve	el, which you are festo	nsible for. HOSP medi	191 fetises to	
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Hell of a Qualified	Doctor. This is unn	essosacy and Delibecate	infliction of	
pain upon me				
7.) INMATE SIGNATURE	py und	of Penalty of Pristing DOC#	1212103	
8.) RECEIVING STAFF SIGI	NATURE /	DATE	9/26/21	
**********	9.) RESPONSE TO INMATE			
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IU.) RESPUNDING STAFF S	SIGNATURE	ַנט,	\(\tau_{}\)	



1.) INMATE NAME	DOC#	2.) HOUSING UNIT	3.) DATE
Branden Evans	1212103	10-8-19	9-23-21
4.) REQUEST FORM TO: (Ch	HECK BOX)	MENTAL HEALTH	CANTEEN
∠caseworker	MEDICAL	LAW LIBRARY	DENTAL
EDUCATION	VISITING	SHIFT COMMAND	
LAUNDRY	PROPERTY ROOM	OTHER	
5.) NAME OF INDIVIDUAL TO	CONTACT: 5. B	assett CSSI.	
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Can be easily	managed with	h 9 Doctors Hel	4216 00
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7.) INMATE SIGNATURE	201	DOC #	12/2/03
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COWNINICKKET REFUGE goodfm 9-23-21	**************************************	SE TO INMATE	***************
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10.) RESPONDING STAFF SIGI	NATURE		DATE W/1 (7,

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1.) INMATE NAME	DOC#	2.) HOUSING UNIT	3.) DATE
Breinden Eurins	1212103	10-13-19	9-23-21
4.) REQUEST FORM TO: (CH	HECK BOX)	MENTAL HEALTH	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL
EDUCATION	VISITING	SHIFT COMMAND	1 7
LAUNDRY	PROPERTY ROOM	OTHER 7-12	<u></u> /
5.) NAME OF INDIVIDUAL TO (CONTACT: LT. on	+1 veros	(9-12/PSU SURAL)
6.) REQUEST: (PRINT BELOW	1 how n	+ bron s	ern by Medica
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their can be say	ily managed wi	14 9 DOSHELL	HELPATHIS 25
VARASSASTY AND	Deliberate ins	instance for	g upon me.
7.) INMATE SIGNATURE	10		oc# /2/2/03
8.) RECEIVING STAFF SIGNAT	URE 30/3 / /3h	world	DATE 9
C/O WM 7+15 KEE (FE	9.) RESPON	SE TO INMATE	***********************************
10.) RESPONDING STAFF SIGN	NATURE		DATE

Case 2:21-cv-02247-GMN-VCF Document 5 Filed 04/04/22 Page 57 of 74

F4

1.) INMATE NAME	DOC#	2.) HOUSING UNIT	3.) DATE
Brandan Esals	1212/03	10.8.19	9-19-21
4.) REQUEST FORM TO: (C	HECK BOX)	MENTAL HEALTH	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL
EDUCATION	VISITING	SHIFT COMMAND	
LAUNDRY	PROPERTY ROOM	SOTHER A W	
5.) NAME OF INDIVIDUAL TO	CONTACT: A.W.	R. Oliver	
6.) REQUEST: (PRINT BELOV	MI have new	been seed	by marry
in nearly the	years to	My Fillemkak	eg. I have
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7.) INMATE SIGNATURE	P	DOC	# 12/2/03
8.) RECEIVING STAFF SIGNA	TURE 30/3	DA1	FE 9 - 19 - 71
**********	9.) RESPON	ISE TO INMATE	
10.) RESPONDING STAFF SIG	SNATURE		_DATE





1.) INMATE NAME	DOC#	2.) HOUSING UNIT	3.) DATE
Provider Evans	121213	10-8-19	4-53-51
4.) REQUEST FORM TO: (C	HECK BOX)	MENTAL HEALTH	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	DENTAL
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LAUNDRY	PROPERTY ROOM	OTHER	_
5.) NAME OF INDIVIDUAL TO	CONTACT: 6 Promise	e Cooldingtof	(F. HOTOS PP)
6.) REQUEST: (PRINT BELOV			
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my Selfell	119 11 6	licent, yel -	MERIGIP, PRIM.

7.) INMATE SIGNATURE	MA	DO	oc# <u>1212163</u>
8.) RECEIVING STAFF SIGNAT	TURE 34/1 / 15/14	4	DATE 4-13-21
**************************************	9.) RESPON	SE TO INMATE	*****************
10.) RESPONDING STAFF SIG	NATURE		DATE



4.) REQUEST FORM TO: (CHECK BOX) CASEWORKER	1.) INMATE NAME	DOC#	2.) HOUSING UNIT A	76// 3.) DATE
CASEWORKER MEDICAL EDUCATION VISITING SHIFT COMMAND LAUNDRY PROPERTY ROOM OTHER 5.) NAME OF INDIVIDUAL TO CONTACT. 6.) REQUEST: (PRINT BELOW) AND	Richard Englis	1212163	10 (+en) B	19 10-17-21
	4.) REQUEST FORM TO:	(CHECK BOX)	MENTAL HEALTH	CANTEEN
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7.) INMATE SIGNATURE DATE 9.) RESPONSE TO INMATE	5.) NAME OF INDIVIDUAL T	O CONTACT:	1 Schedin	2
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7.) INMATE SIGNATURE	Intelifed 9 PR	Fritzine 045. 1.		
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9.) RESPONSE TO INMATE				
9.) RESPONSE TO INMATE	7.) INMATE SIGNATURE	971/		ooc#_1212103
				DATE
10.) RESPONDING STAFF SIGNATURE	********************	9.) RESPOR	**************************************	*********************
10.) RESPONDING STAFF SIGNATURE				
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1.) INMATE NAME	DOC#	2.) HOUSING UNIT		3.) DATE
Blandon Evans	1212103	10-B-19		2-5-21
4.) REQUEST FORM TO: (CH	ECK BOX)	MENTAL HEAL	.TH _	CANTEEN
CASEWORKER	MEDICAL	LAW LIBRARY	_	DENTAL
EDUCATION	VISITING	SHIFT COMMA	AND	
LAUNDRY	PROPERTY ROOM	OTHER		
5.) NAME OF INDIVIDUAL TO C	CONTACT G. WOR	thy - H	HIC	
6.) REQUEST: (PRINT BELOW				
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Manths ago.			- The State of the	The second secon
fase Federal Co	ise #: 2:21-	CV-0224	7. Pr	ease Refert
AR 639.03 7	*4A.a C3-5	5 4985) 1	when	Scheduling
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Thank	you fol	your ti	me.	
7.) INMATE SIGNATURE	2011/		DOC #_/.	212103
8.) RECEIVING STAFF SIGNATURE			DATE_	
***********************	9.) RESPON	SE TO INMATE	********	**********
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	You have been placed on the chart review. You must bring photo ID. You may bring a popaper for notes.	LVOUR		
The list	is quite	long.		
10.) RESPONDING STAFF SIGNA	ATURE . J	Ally H	TC DAT	E_2-8-22

NAME Blandon Evans 10# 1212103 ten 10+8-19				
FACILITY HDS P DATE UN16-21 SIGNATURE				
Request Has HDSP medical Requested my medical Reacts (previous laborate from 1960000)				
190000 X (OM) 19000(P)				
I have loog of bloodnot RESUITS with				
them.				
INMATES - DO NOT WRITE IN AREA BELOW				
ASSIGNED TO				
Medical Dental Psychiatry Nursing Other				
Response to request				
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results of lab work				
1 Buits of lab work.				
C Assistant Automotive to the state of the s				
Appointment scheduled/rescheduled for:				
No visit necessary				
No show for appointment				
Refused to be seen. DOC 2523 Release of Liability signed				
PRESCRIPTIONS				
KOP NON-KOP				
Order date				
PLAN				
Follow-up appointment Return if needed				
No follow-up required				
L/(n/2) $U=0$				
Signature of practitioner/responder				
Date Date				
NEVADA DEPARTMENT OF CORRECTIONS				
MEDICAL KITE and SERVICE REPORT				
THE BIRD SERVICE REPORT				

5

Submission Dates of medical Requests (KItES) 7-19-19 8-19-19 0-10-19 10-14-19 12-9-19 1-6-20 2-11-20 3-11-20 3-30-20 4-23-20 7-29-21 7-30-21 8-3-21 8-5-21 8-7-21 8-9-21 8-16-21 10-18-21 11-16-21 11-17-21 12-20-21 3-3-22

CHECK YOUR SYMPTOMS

FIND A DOCTOR

FIND A DENTIST

CONNECT TO CARE

FIND LOWEST DRUG PRICESN

SUBSCRIBE

WebMD

10/3/2020

HEALTH A-Z DRUGS & LIVING SUPPLEMENTS HEALTHY

Fibromyalgia > Guide >

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FIBROMYALGIA FATIGUE HOME

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Medications
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FIBROMYALGIA GUIDE

Overview & Facts Symptoms & Signs Treatment & Care Living With Fibromyalgia

RELATED TO FIBROMYALGIA

Chronic Fatigue Syndrome Drug Interaction Checker Family Health

What Causes Fibromyalgia?

When you get injured, nerve signals travel from the problem spot on your body through your spinal cord to your brain, which senses these signals as pain. It's a warning that something's wrong. As you heal, the pain gets better, and in time it goes away.

But if you have fibromyalgia, you hurt all over even when you're not sick or injured. And the pain doesn't go away. Some doctors think they know why: a glitch in the way your brain and spinal cord handle pain signals.

When you have fibromyalgia , you may have more cells that carry pain signals than normal. And you may have fewer cells that slow pain signals down. This means your pain volume is always turned up, like music blasting on a radio. The result is that minor bumps and bruises hurt more than they should. And you may feel pain from things that shouldn't hurt at all.

Doctors aren't sure why some people get fibromyalgia. Many things could cause the body's pain signals to go awry. Plus, different people report different things that seemed to trigger their condition. You can even have more than one cause. They can include:

TODAY ON WEBMD



Physical Therapy Can it help your fibromyalgia flareups?



Fibromyalgia Treatments Medications, lifestyle changes, and more.



Working with Fibro
Tips to modify your workspace is one step.



Getting a Fibro Diagnosis Learn what steps to take.

RECOMMENDED FOR YOU



SLIDESHOW

9 Things You Can Do to Avoid



SLIDESHOW
a Visual Guide to
Understanding Fibromyalgia

Fibromyalgia Pain and Fatigue



suoesноw Fibromyalgia-Friendly Exercises



ARTICLE Fibrornyalgia: Work and Disability



SLIDESHOW 12 Tips for Coping With Fibromyalgia



SLIDESHOW
Fibromyalgia Exercises to Do at Home

ARTICLE

How Can Physical Therapy Help Fibromyalgia?

10/3/2020

Irritable Bowel Syndrome Pain Management Sex & Relationships Sleep Disorders

H2

- Genes. Fibromyalgia seems to run in families. Your parents may pass on genes that make you more sensitive to pain. Other genes can also make you more likely to feel anxious or depressed, which makes pain worse.
- Other diseases. A painful disease like arthritis or an infection raises your chances of getting fibromyalgia.
- Emotional or physical abuse.
 Children who are abused are more likely to have the condition when they grow up. This may happen because abuse changes the way the brain handles pain and stress.
- Posttraumatic stress disorder
 (PTSD). Some people have this
 mental health problem after a
 terrible event, like war, a car crash, or
 rape. These events are also linked to
 fibromyalgia in some people.
- Gender. The condition is much more common in women than men.
 Doctors think this could be related to differences in the way men and women feel and react to pain, as well as how society expects them to respond to pain.
- Anxiety and depression. These and other mood disorders seem linked to fibromyalgia, though there's no proof that they actually cause the condition.
- Not moving enough. The condition is much more common in people who aren't physically active. Exercise is one of the best treatments for





QUIZ
Fibromyalgia Alternative
Treatments, Supplements, and

TOOLS & RESOURCES

Fibromyalgia in Children and Teenagers: Symptoms and Treatments

What is Fibromyalgia?

An Overview of Fibromyalgia Treatments

a Visual Guide to Understanding Fibromyalgia

9 Things You Can Do to Avoid Fibromyalgia Pain and Fatigue

Fibromyalgia Exercises to Do at Home

TOOLS & RESOURCES

Fibro-Friendly Exercises

Fight Fibro Fatigue

Fibro Exercises You Can Do at Home

Video: Fibromyalgia Symptoms and Treatments

Medications That Treat Fibromyalgia

Fibromyalgia: Sale Supplements



fibromyalgia you already have. It can help turn the pain volume down.

WebMD Medical Reference | Reviewed by David Zelman, MD on August 08, 2019

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Fibromyalgia Pain

By Debra Fulghum Bruce, PhD

Medically Reviewed by David Zelman, MD on June 16, 2020

Fibromyalgia Pain

Whether you are experiencing painful tender points, deep muscle pain, chronic headaches, unending back pain, or neck pain, you know how fibromyalgia feels. People with fibromyalgia experience pain in ways no one else can really understand.

But what is pain? What causes it? Is fibromyalgia pain acute (short term) or chronic (long term)? And what impact does fibromyalgia pain have on every part of your life?

What Is Pain?

Pain is an uncomfortable feeling in your body that warns you something is wrong. While this feeling is the body's way of alerting your brain that there is a problem, after it goes on for weeks or even months, pain becomes a part of your very existence. At that point, not only is pain a symptom that something is wrong, but pain becomes the disease itself.

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wnacks Fibromyalgia-Related Pain?

Fibromyalgia-related pain is pain that causes you to ache all over. You may have painful "tender points," places on your body that hurt no matter what medication you take. Your muscles may feel like they have been overworked or pulled even though you haven't exercised. Sometimes, your muscles will twitch. Other times they will burn or ache with deep stabbing pain. Some patients with fibromyalgia have pain and achiness around the joints in their neck, shoulders, back, and hips. This kind of pain makes it difficult to sleep or exercise.

How Does the Brain Perceive Pain?

There are over 20 different kinds of nerve endings in your skin that tell you if among other sensations something is hot, cold, or painful. These nerve endings convert mechanical, thermal, or chemical energy into electrical signals that convey information to the brain and spinal cord — also known as the central nervous system or CNS. These signals travel to areas of your CNS where you perceive the stimuli as the sensations you actually feel — sensations such as searing, burning, pounding, or throbbing.

Research suggests that the pain associated with fibromyalgia is caused by a "glitch" in the way the body processes pain.

This glitch results in a hypersensitivity to stimuli that normally are not painful. According to the National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS), research has shown that people with fibromyalgia have reduced blood flow to parts of the brain — that normally help the body deal with pain.

Is Fibromyalgia Pain Acute or Chronic?

Acute pain comes on suddenly and can be severe. For instance, think about how suddenly your back can ache after you've bent down to lift a heavy package or a child. Yet, in more than 80% of cases, acute pain goes away in about two weeks. It runs its course and disappears as the problem is relieved. If your pain from a strained muscle lasts only a few days or weeks, it is considered acute.

Chronic pain is pain that lasts much longer than someone would normally expect based on the original problem or injury. When pain becomes chronic, our bodies react in several ways. Chronic pain may be associated with abnormalities in brain chemicals, low energy, mood disorders, muscle pain, and impaired mental and physical performance. As neurochemical changes in your body increase your sensitivity to pain, the chronic pain worsens. You begin to have pain in other parts of the body that do not normally hurt.

What Are Fibromyalgia's Tender Points?

Tender points are localized areas of tenderness typically above muscles, tendons or bones—that hurt when pressed.

Tender points are not areas of deep pain. Instead, they are superficial areas seemingly under the surface of the skin, such as over the elbow or shoulder. People with fibromyalgia often have 11 or more out of a possible 18 tender points.

How Does the Chronic Pain of Fibromyalgia Impact Lives?

Fibromyalgia's chronic pain seems unending. The ongoing headaches , neck pain, aching joints, and painful tender points prevent sleep , causing you to awaken frequently at night. The chronic sleep disorder of fibromyalgia results in

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increased achiness, morning stiffness, and daytime fatigue. While you want to exercise and be active, you may suffer with foot pain, hip pain, knee pain, or other painful joints. All of these make it next to impossible to exercise with friends or to play with your kids or grandkids.

The constant pain causes more irritation and difficulty dealing with others, including family members, friends, and people at work. For women with fibromyalgia who must take care of family members and work full-time, coping with pain is a challenge. If there is undiagnosed pain and no effective treatment or medication for the fibromyalgia, the overwhelming feelings can lead to irritability, exhaustion, anxiety, social isolation, and depression.

How Can I Get Relief for Undiagnosed Fibromyalgia Pain?

Talk to your doctor about your symptoms of fibromyalgia, including the body aches, aching joints, painful tender points, and fatigue . With a multifaceted program of effective drugs, alternative therapies, psychotherapy, and mind/body remedies, you should be able to find good relief of symptoms and reclaim your active life again.

WebMD Medical Reference

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Persistent and Chronic Fatigue



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How Is Fibromyalgia Diagnosed?

By Regina Boyle Wheeler

Medically Reviewed by David Zelman, MD on August 11, 2021



Video Loading...

You could call fibromyalgia a copycat condition. Its main symptoms — widespread pain and fatigue — are a lot like those of other health problems. And there's no test or scan that can diagnose fibromyalgia, so it can be hard for your doctor to nail down what's causing your aches and pains.

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If you think you could have it, pack your patience. You may need to see several doctors to get the right diagnosis. Once you do, the right treatments can help you feel better.

First Steps

Your family doctor may be able to tell you have fibromyalgia if they're familiar with the condition. But you'll probably want to see a rheumatologist, a doctor who's an expert in problems with joints, muscles, and bones.

Your rheumatologist will ask you about your health and family history -- you're more likely to have fibromyalgia if other people in your family have it.

They'll give you a physical exam and may check for tender points. People who have fibromyalgia often feel tenderness when pressure is put on certain spots, generally around the back of your head, your neck, shoulders, elbows, knees, and hips.

They'll also ask about your symptoms, so it's a good idea to keep a detailed record of where and when you hurt. Is the pain dull or sharp? Does it come and go, or is it constant? Are you tired a lot or not thinking clearly? Write down any other problems you have, even if you don't think they're related.

Fibromyalgia or Something Else?

Several conditions cause pain, muscle aches, and fatigue, just like fibromyalgia:

 Hypothyroidism: Your thyroid gland doesn't make enough of a certain hormone.

- Rheumatoid arthritis or lupus: Problems with your immune system cause swelling and pain.
- Osteoarthritis: This is the "wear and tear" type of arthritis.
- Ankylosing spondylitis: This is a specific type of arthritis that causes pain and inflammation in your spine.
- Polymyalgia rheumatica: This disorder causes widespread pain and stiffness that come on quickly.

Your doctor will want to rule out any of these other problems. They may take a sample of your blood to check your hormone levels or look for signs of inflammation . You may also get X-rays so they can look at your bones.

Fibromyalgia Scoring System

If your doctor can't find another reason for your symptoms, they'll use a two-part process to help figure out if you have fibromyalgia. One part involves the trademark widespread pain on both sides of your body and above and below your waist. The other part measures how bad your symptoms are.

They'll ask if you've had pain in 19 specific places in the past week, including your arms, legs, back, jaw, and neck. This is called the widespread pain index (WPI), and scores range from 0 to 19.

The symptom severity (SS) scale measures three key symptoms during the past week:

- Fatigue
- Waking up still tired
- Thinking problems

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The SS scale ranges from 0 to 3:

- 0 -- No problems
- 1 -- Mild: It comes and goes.
- 2 Moderate: You usually have or feel it.
- 3 -- Severe: It seriously affects your daily life.

Your doctor also will ask if you've had about 40 other symptoms that can affect people who have fibromyalgia. These include depression and anxiety, bellyaches, itching, taste changes, numbness, and dizziness. This score ranges from 0 (no symptoms) to 3 (a lot of problems).

Your doctor will add all the SS numbers together to get a score. It will be between 0 and 12.

Your doctor may tell you that you fibromyalgia if you:

- Have a WPI score of 7 or more and SS score of 5 or more
- Have WPI of 3 to 6 and an SS score of 9 or more
- Have had symptoms at the same level for at least 3 months
- Don't have any other condition that can cause these symptoms

From there, you'll talk about a plan to manage it. With the right treatment, most people who have it live a normal, active life.

WebMD Medical Reference

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Points To Remember About Fibromyalgia

- Fibromyalgia is a long-lasting or chronic disorder that causes muscle pain and fatigue (feeling tired).
- The symptoms of fibromyalgia are pain and tenderness throughout your body.
- You can treat your fibromyalgia with medicines, lifestyle changes, and complementary therapies.

What is fibromyalgia?

Fibromyalgia is a long-lasting or chronic disorder that causes muscle pain and fatigue (feeling tired). If you have fibromyalgia, you have pain and tenderness throughout your body.

Sometimes you may have two or more chronic pain conditions at the same time, such as:

- Chronic fatigue syndrome.
- Endometriosis.
- Irritable bowel syndrome.
- Interstitial cystitis.
- Temporomandibular joint dysfunction (TMJ).
- Vulvodynia.

Who gets fibromyalgia?

Anyone can get this disorder, though it occurs most often in women and often starts in middle age. If you have certain other diseases, you may be more likely to have fibromyalgia. These diseases include:

- Rheumatoid arthritis.
- Systemic lupus erythematosus (commonly called lupus).
- Ankylosing spondylitis (spinal arthritis).

If you have a family member with fibromyalgia, you may be more likely to get the disorder.

What are the symptoms of fibromyalgia?

The symptoms of fibromyalgia are pain and tenderness throughout your body. Other symptoms may also include:

- Trouble sleeping.
- Morning stiffness.
- · Headaches.
- · Painful menstrual periods.
- . Tingling or numbness in hands and feet.
- Problems with thinking and memory (sometimes called "fibro fog").

What causes fibromyalgia?

Doctors don't know the exact cause of fibromyalgia. Researchers continue to study fibromyalgia and think the following events may contribute to the cause of the disorder:

- Stressful or traumatic events, such as car accidents.
- Repetitive injuries.
- Illness.
- · Certain diseases.

Sometimes, fibromyalgia can develop on its own. Fibromyalgia tends to run in families, and some scientists think that a gene or genes could make you more likely to develop fibromyalgia. The genes could make you react strongly to things that other people would not find painful.

Is there a test for fibromyalgia?

Currently there aren't any laboratory tests to diagnose fibromyalgia.

You may see many doctors before receiving the diagnosis. This can happen because the main symptoms of fibromyalgia, pain and fatigue, are similar to many other conditions. Doctors often have to rule out other causes of these symptoms before making a diagnosis of fibromyalgia.

Doctors use guidelines to help diagnose fibromyalgia, which can include:

- A history of widespread pain lasting more than 3 months.
- Physical symptoms including fatigue, waking unrefreshed, and cognitive (memory or thought) problems.
- The number of areas throughout the body in which you had pain in the past week.